

Table 3.74

**Estimated prevalence and most recent use of psychotherapeutics, stimulants, and tranquilizers**

By sex, race, ethnicity, age, and region, United States, 1995

	Any psychotherapeutics <sup>a</sup>				Stimulants				Tranquilizers			
	Never used	Ever used	Most recent use		Never used	Ever used	Most recent use		Never used	Ever used	Most recent use	
			Within last year	Within last 30 days			Within last year	Within last 30 days			Within last year	Within last 30 days
Total (N=17,747)	89.9%	10.1%	2.9%	1.2%	95.1%	4.9%	0.8%	0.4%	96.1%	3.9%	1.0%	0.4%
<b>Sex</b>												
Male	88.4	11.6	3.1	1.5	93.7	6.3	0.8	0.4	95.4	4.6	1.2	0.5
Female	91.2	8.8	2.7	1.0	96.4	3.6	0.7	0.3	96.7	3.3	0.9	0.3
<b>Race, ethnicity</b>												
White	88.5	11.5	3.2	1.3	94.2	5.8	0.9	0.4	95.6	4.4	1.2	0.4
Black	93.9	6.1	2.4	1.4	98.3	1.7	0.3	0.2	97.6	2.4	0.6	0.3
Hispanic	93.1	6.9	2.1	0.9	97.1	2.9	0.7	0.3	97.6	2.4	0.5	0.2
<b>Age</b>												
12 to 17 years	93.9	6.1	3.9	1.6	97.8	2.2	1.5	0.5	98.7	1.3	0.6	0.2
18 to 25 years	87.9	12.1	6.5	2.5	96.1	3.9	2.0	1.0	95.0	5.0	2.8	0.7
26 to 34 years	85.4	14.6	3.9	1.6	93.1	6.9	1.2	0.5	94.0	6.0	1.4	0.5
35 years and older	90.9	9.1	1.7	0.8	95.0	5.0	0.3	0.2	96.5	3.5	0.6	0.3
<b>Region</b>												
Northeast	91.0	9.0	1.8	0.7	95.7	4.3	0.4	0.1	96.4	3.6	0.6	0.1
North Central	91.1	8.9	2.8	1.4	95.9	4.1	0.8	0.4	96.5	3.5	1.1	0.6
South	91.1	8.9	2.6	1.0	96.0	4.0	0.5	0.2	95.9	4.1	1.2	0.4
West	85.5	14.5	4.5	1.9	92.3	7.7	1.6	0.8	95.7	4.3	1.1	0.4

Note: See Note, table 3.69. For survey methodology, see Appendix 8.

<sup>a</sup>Includes nonmedical use of one or more of the following: sedatives, analgesics, stimulants, or tranquilizers.

Source: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, **National Household Survey on Drug Abuse: Population Estimates 1995** (Rockville, MD: U.S. Department of Health and Human Services, 1996), pp. 53-63, 71-75. Table constructed by SOURCEBOOK staff.