Table 2.100
Young adults' perceptions of the harmfulness of drug use, alcohol use, and ciga-
rette smoking
By type of drug, frequency of use, and age group, United States, 1984-96
Question: "How much do you think people risk harming themselves (physically or in other ways), if they. . .?"
(Percent saying "great risk" ${ }^{\text {a }}$ )

| Type of drug and frequency of use |  |  |  |  |  |  |  |  |  |  |  |  | ge groups |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 19 to 22 years old |  |  |  |  |  |  |  |  |  |  |  |  |
|  | $\begin{gathered} 1984 \\ (\mathrm{~N}=579) \end{gathered}$ | $\begin{gathered} 1985 \\ (\mathrm{~N}=547) \end{gathered}$ | $\begin{gathered} 1986 \\ (\mathrm{~N}=581) \end{gathered}$ | $\begin{gathered} 1987 \\ (\mathrm{~N}=570) \end{gathered}$ | $\begin{gathered} 1988 \\ (\mathrm{~N}=551) \end{gathered}$ | $\begin{gathered} 1989 \\ (\mathrm{~N}=565) \end{gathered}$ | $\begin{gathered} 1990 \\ (\mathrm{~N}=552) \end{gathered}$ | $\begin{gathered} 1991 \\ (\mathrm{~N}=533) \end{gathered}$ | $\begin{gathered} 1992 \\ (\mathrm{~N}=527) \end{gathered}$ | $\begin{gathered} 1993 \\ (\mathrm{~N}=480) \end{gathered}$ | $\begin{gathered} 1994 \\ (\mathrm{~N}=490) \end{gathered}$ | $\begin{gathered} 1995 \\ (\mathrm{~N}=500) \end{gathered}$ | $\begin{gathered} 1996 \\ (\mathrm{~N}=469) \end{gathered}$ |
| Try marijuana once or twice | 12.8\% | 11.2\% | 13.0\% | 12.9\% | 16.8\% | 16.9\% | 17.8\% | 19.1\% | 19.7\% | 19.4\% | 18.8\% | 13.3\% | 16.9\% |
| Smoke marijuana occasionally | 21.7 | 20.6 | 22.4 | 23.0 | 28.7 | 29.1 | 30.1 | 30.2 | 29.5 | 30.3 | 31.3 | 25.5 | 25.6 |
| Smoke marijuana regularly | 62.2 | 66.8 | 67.6 | 69.4 | 72.4 | 74.9 | 73.0 | 75.0 | 69.3 | 69.2 | 65.0 | 62.1 | 61.3 |
| Try LSD once or twice | 46.0 | 44.3 | 47.6 | 49.4 | 49.2 | 49.5 | 49.3 | 48.0 | 45.6 | 42.4 | 42.3 | 40.3 | 44.4 |
| Take LSD regularly | 84.5 | 86.4 | 87.1 | 85.6 | 85.4 | 85.5 | 85.8 | 86.6 | 87.0 | 81.3 | 81.0 | 80.5 | 82.4 |
| Try PCP once or twice | NA | NA | NA | 63.6 | 63.8 | NA | NA | NA | NA | NA | NA | NA | NA |
| Try cocaine once or twice | 33.1 | 33.2 | 35.5 | 45.9 | 51.9 | 51.5 | 58.1 | 58.7 | 56.1 | 60.5 | 63.8 | 57.7 | 61.9 |
| Take cocaine occasionally | NA | NA | 53.8 | 61.3 | 67.1 | 72.6 | 74.6 | 72.6 | 74.9 | 75.4 | 78.0 | 73.4 | 76.6 |
| Take cocaine regularly | 75.1 | 82.9 | 82.0 | 88.0 | 90.3 | 89.1 | 93.9 | 93.5 | 92.9 | 91.7 | 92.2 | 91.5 | 92.1 |
| Try crack once or twice | NA | NA | NA | 59.4 | 67.3 | 68.5 | 69.4 | 66.9 | 65.4 | 63.5 | 70.1 | 61.9 | 65.2 |
| Take crack occasionally | NA | NA | NA | 75.0 | 77.3 | 81.8 | 82.3 | 82.7 | 81.9 | 83.6 | 84.3 | 78.8 | 83.5 |
| Take crack regularly | NA | NA | NA | 89.6 | 91.1 | 94.1 | 94.9 | 95.6 | 93.4 | 96.2 | 96.0 | 94.2 | 94.6 |
| Try heroin once or twice | 58.7 | 51.0 | 55.5 | 57.9 | 58.9 | 59.6 | 58.3 | 59.9 | 59.8 | 58.9 | 60.8 | 58.9 | 61.0 |
| Take heroin occasionally | 74.9 | 73.6 | 77.2 | 77.6 | 77.5 | 79.8 | 80.8 | 80.2 | 81.6 | 78.8 | 79.0 | 77.9 | 82.1 |
| Take heroin regularly | 86.8 | 90.2 | 90.7 | 90.2 | 89.6 | 90.8 | 91.2 | 91.5 | 92.2 | 89.2 | 91.2 | 89.9 | 94.0 |
| Try amphetamines once or twice | 26.9 | 23.9 | 27.1 | 27.4 | 31.7 | 28.9 | 35.6 | 32.8 | 34.5 | 33.3 | 36.3 | 32.9 | 36.8 |
| Take amphetamines regularly | 68.4 | 68.5 | 72.3 | 72.0 | 73.9 | 71.3 | 74.0 | 77.1 | 73.5 | 73.5 | 71.6 | 72.2 | 75.8 |
| Try crystal methamphetamine (ice) | NA | NA | NA | NA | NA | NA | 57.8 | 58.6 | 57.7 | 57.5 | 61.4 | 58.9 | 61.1 |
| Try barbiturates once or twice | 29.9 | 25.0 | 30.7 | 29.6 | 32.7 | 30.5 | 36.4 | 33.5 | 33.5 | 33.4 | 35.0 | 30.5 | 34.1 |
| Take barbiturates regularly | 71.6 | 71.7 | 74.5 | 73.0 | 74.0 | 71.7 | 75.5 | 75.5 | 73.6 | 71.1 | 69.4 | 66.4 | 70.7 |
| Try one or two drinks of an alcoho- <br> lic beverage (beer, wine, liquor) <br> 4.7 <br> 3.1 <br> 5.4 <br> 3.5 <br> 3.9 <br> 5.9 <br> 6.1 <br> 5.4 <br> 5.8 <br> 6.6 <br> 6.5 <br> 4.5 <br> 3.3 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Take one or two drinks nearly |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Take four or five drinks nearly |  |  |  |  |  |  |  |  |  |  | 70.3 | 72.5 | 68.5 |
| Have five or more drinks once or twice each weekend | 37.9 | 40.2 | 34.6 | 36.7 | 36.9 | 42.4 | 40.6 | 40.8 | 41.8 | 42.4 | 41.9 | 39.9 | 40.7 |
| Smoke one or more packs of cigarettes per day | 69.1 | 71.4 | 70.4 | 70.6 | 71.0 | 73.4 | 72.5 | 77.9 | 72.6 | 76.0 | 71.2 | 71.6 | 73.8 |
| Note: See Note, table 2.98. "Young adults" includes high school graduates 1 to 10 years beyond high school. Some data for 1995 have been revised by the Source and therefore will differ from previous editions of SOURCEBOOK. For survey methodology and definitions of terms, see Appendix 7. |  |  |  |  |  |  | Source: Lloyd D. Johnston, Patrick M. O'Malley, and Jerald G. Bachman, National Survey Results on Drug Use from the Monitoring the Future Study, 1975-1996, Vol. 2, College Students and Young Adults, U.S. Department of Health and Human Services, National Institute on Drug Abuse (Washington, DC: USGPO, 1997). Table adapted by SOURCEBOOK staff. |  |  |  |  |  |  |


| 23 to 26 years old |  |  |  |  |  |  |  |  | 27 to 30 years old |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 1988 \\ (\mathrm{~N}=527) \end{gathered}$ | $\begin{gathered} 1989 \\ (\mathrm{~N}=498) \end{gathered}$ | $\begin{gathered} 1990 \\ (\mathrm{~N}=511) \end{gathered}$ | $\begin{gathered} 1991 \\ (\mathrm{~N}=505) \end{gathered}$ | $\begin{gathered} 1992 \\ (\mathrm{~N}=518) \end{gathered}$ | $\begin{gathered} 1993 \\ (\mathrm{~N}=503) \end{gathered}$ | $\begin{gathered} 1994 \\ (\mathrm{~N}=465) \end{gathered}$ | $\begin{gathered} 1995 \\ (\mathrm{~N}=445) \end{gathered}$ | $\begin{gathered} 1996 \\ (\mathrm{~N}=438) \end{gathered}$ | $\begin{gathered} 1991 \\ (\mathrm{~N}=486) \end{gathered}$ | $\begin{gathered} 1992 \\ (\mathrm{~N}=482) \end{gathered}$ | $\begin{gathered} 1993 \\ (\mathrm{~N}=473) \end{gathered}$ | $\begin{gathered} 1994 \\ (\mathrm{~N}=443) \end{gathered}$ | $\begin{gathered} 1995 \\ (\mathrm{~N}=448) \end{gathered}$ | $\begin{gathered} 1996 \\ (\mathrm{~N}=422) \end{gathered}$ |
| 16.0\% | 14.0\% | 17.7\% | 14.0\% | 15.0\% | 13.0\% | 15.0\% | 15.8\% | 18.5\% | 15.7\% | 15.1\% | 14.0\% | 14.8\% | 16.1\% | 16.2\% |
| 26.8 | 25.3 | 30.4 | 26.2 | 27.4 | 24.0 | 25.5 | 27.7 | 27.3 | 27.4 | 27.5 | 26.8 | 28.1 | 28.3 | 28.1 |
| 68.3 | 72.1 | 71.0 | 70.9 | 67.3 | 64.1 | 63.2 | 64.2 | 62.7 | 67.5 | 68.8 | 69.4 | 65.6 | 69.2 | 67.3 |
| 53.7 | 50.7 | 52.0 | 50.1 | 49.7 | 49.0 | 46.8 | 45.8 | 46.1 | 52.5 | 53.0 | 51.5 | 53.5 | 52.5 | 50.0 |
| 89.2 | 89.0 | 88.2 | 89.1 | 87.3 | 85.3 | 87.5 | 86.3 | 84.7 | 87.1 | 88.5 | 89.0 | 89.2 | 88.4 | 87.0 |
| 63.2 | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA |
| 47.1 | 51.3 | 51.5 | 50.5 | 53.5 | 54.1 | 56.0 | 58.7 | 57.2 | 52.6 | 51.8 | 54.7 | 53.5 | 56.4 | 53.6 |
| 63.2 | 69.9 | 69.9 | 70.3 | 69.9 | 72.8 | 70.3 | 76.0 | 71.3 | 69.1 | 69.9 | 69.1 | 69.9 | 70.0 | 67.8 |
| 90.9 | 91.2 | 91.2 | 92.7 | 89.9 | 91.9 | 92.6 | 93.3 | 90.6 | 90.9 | 92.0 | 91.6 | 92.1 | 91.3 | 91.5 |
| 63.5 | 69.8 | 67.3 | 66.9 | 67.1 | 64.2 | 69.3 | 64.8 | 68.6 | 66.8 | 64.3 | 68.8 | 65.6 | 66.4 | 66.7 |
| 74.0 | 79.9 | 81.1 | 83.9 | 84.4 | 81.6 | 83.2 | 81.4 | 85.9 | 81.8 | 79.1 | 83.6 | 78.6 | 81.1 | 81.3 |
| 89.2 | 91.5 | 94.2 | 95.4 | 94.1 | 93.4 | 94.9 | 95.5 | 96.1 | 94.4 | 93.3 | 93.5 | 93.0 | 94.0 | 94.3 |
| 65.4 | 62.3 | 64.1 | 62.4 | 63.7 | 65.0 | 63.3 | 64.1 | 63.5 | 66.1 | 66.5 | 69.3 | 69.6 | 66.4 | 66.4 |
| 82.4 | 80.8 | 83.4 | 84.4 | 81.5 | 82.1 | 80.8 | 85.3 | 82.4 | 84.3 | 84.9 | 86.2 | 86.8 | 83.1 | 83.8 |
| 91.5 | 91.3 | 91.0 | 92.6 | 91.3 | 91.6 | 93.0 | 93.5 | 92.7 | 90.7 | 91.3 | 92.6 | 93.8 | 92.4 | 92.1 |
| 33.2 | 32.5 | 35.3 | 31.0 | 32.7 | 32.6 | 32.9 | 34.3 | 34.9 | 36.5 | 36.2 | 34.0 | 37.5 | 36.0 | 36.2 |
| 77.4 | 76.7 | 77.8 | 79.4 | 76.4 | 76.2 | 73.6 | 80.5 | 78.5 | 79.4 | 80.3 | 79.8 | 78.4 | 77.7 | 75.6 |
| NA | NA | 56.5 | 56.0 | 55.6 | 52.0 | 61.0 | 57.8 | 64.0 | 57.2 | 52.7 | 60.3 | 57.9 | 58.5 | 59.1 |
| 35.8 | 32.9 | 37.9 | 31.8 | 33.5 | 32.8 | 34.0 | 34.8 | 35.8 | 37.0 | 38.2 | 36.5 | 40.5 | 36.6 | 37.2 |
| 79.8 | 76.6 | 80.5 | 77.7 | 76.3 | 75.0 | 74.3 | 77.6 | 77.1 | 79.6 | 78.6 | 80.2 | 78.3 | 77.7 | 74.1 |
| 4.2 | 5.1 | 5.7 | 4.4 | 5.6 | 3.2 | 4.5 | 4.3 | 4.8 | 6.6 | 5.6 | 4.7 | 4.1 | 6.7 | 4.7 |
| 29.1 | 27.8 | 31.1 | 30.4 | 31.6 | 25.9 | 26.2 | 26.1 | 22.0 | 31.7 | 30.9 | 28.0 | 27.4 | 27.2 | 24.0 |
| 81.8 | 76.9 | 79.7 | 80.2 | 78.0 | 76.7 | 77.5 | 75.2 | 72.0 | 79.1 | 79.9 | 79.1 | 76.6 | 82.2 | 76.1 |
| 35.8 | 37.7 | 40.2 | 39.3 | 37.6 | 36.2 | 40.2 | 37.9 | 39.1 | 42.2 | 45.1 | 42.9 | 43.2 | 44.6 | 41.5 |
| 75.5 | 71.4 | 78.5 | 75.3 | 76.3 | 78.4 | 76.4 | 76.0 | 76.0 | 75.4 | 77.6 | 75.0 | 75.3 | 75.6 | 73.0 |

